

LUNCH MENU

The FUTURE of
FOOD

WEEK 1

SUMMER MENU

MONDAY

Meat Free (V)

Jacket Potato with a choice of Baked Beans
Cheddar Cheese Tuna Coleslaw
(milk)(fish)

Green beans

Pudding

Fresh Fruit Salad

TUESDAY

Main

Chicken Chow Mein
(gluten)

Meat Free (V)

Vegetable Chow Mein
(gluten)

Noodles

Pudding

Pancakes with maple syrup
(milk) (gluten)(egg)

WEDNESDAY

Main

Beef Burger
(gluten)

Meat Free(V)

Veggie Burger
(gluten)

Chunky Chips & Broccoli

Pudding

Banana Cake
(milk) (gluten) (egg)

THURSDAY

Main

Spaghetti Bolognese
(Gluten)

Meat free (V)

Vegetable Ratatouille
Potatoes & broccoli

Pudding

New York Cheesecake
(Milk)(egg)(gluten)

FRIDAY

Main

Chicken Nuggets
(gluten)

Meat Free(V)

Veg Nuggets
(Gluten)
Chunky Chips & Garden Peas

Pudding

Fruity Flapjack
(Milk)

EVERYDAY

Salad bar

Daily Proteins

Soup

Sandwiches

Tuna

Eggs

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

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WEEK 2

SUMMER MENU

MONDAY

Meat Free (V)

Homemade Pepper & Olive Pizza
(gluten)(milk)
Margherita pizza
(gluten)(milk)
Green beans & Mixed salad

Pudding

Fresh Fruit Salad

TUESDAY

Main

Linguine Bolognese
(gluten)

Meat Free (V)

Linguine with Mushroom & Cream sauce
(Gluten)(milk)
Mange Tout

Pudding

Banoffee Pie
(milk) (gluten) (egg)

WEDNESDAY

Main

BBQ Chicken

Meat free (V)

Lentil Stew

Broccoli & Potatoes

Pudding

Chocolate Tart
(milk) (gluten) (egg)

THURSDAY

Main

Lasagne
(milk)(gluten)

Meat Free(V)

Vegetable Lasagne
(milk)(gluten)
Batton carrot & Garlic Bread
(milk)(gluten)

Pudding

Pear and cinnamon cake
(milk) (gluten) (eggs)

FRIDAY

Main

Chicken Nuggets
(gluten)

Meat Free(V)

Vegetable Nuggets
(Nuggets)
Chunky Chips & Garden Peas

Pudding

Fruity Flapjack
(milk)

EVERYDAY

Salad bar

Daily Proteins

Soup

Sandwiches

Tuna

Eggs

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

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WEEK 3

SUMMER MENU

MONDAY

Meat Free (V)

Macaroni Cheese
(gluten)(Cheese)

Macaroni with tomato and basil sauce
Garlic Bread & Sweetcorn
(milk)(gluten)

Pudding

Fresh Fruit Salad

TUESDAY

Main

Chicken tortilla wrap
(gluten)

Meat Free (V)

Vegetable Tortilla Wrap
(gluten)
Potato wedges & Garden Peas

Pudding

Chocolate Brownie
(milk) (gluten) (egg)

WEDNESDAY

Main

Beef stroganoff
(milk)

Meat Free(V)

Vegetable stroganoff
(milk)

Roast Potatoes & Fluffy rice

Pudding

Honey and cinnamon cake
(milk) (gluten) (egg)

THURSDAY

Main

Sausages

Meat free (V)

veggie Sausages
Salty Potatoes
Broccoli

Pudding

Apple Crumble with Custard
(milk) (Gluten)

FRIDAY

Main

Chicken Nuggets
(gluten)

Meat Free(V)

Veg Nuggets
(gluten)
Chunky Chips & Low Salt Baked Beans

Pudding

Fruity Flapjack
(milk)

EVERYDAY

Salad bar

Daily Proteins

Soup

Sandwiches

Tuna

Eggs

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

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