

MENU

- WEEK ONE -

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Sausages	Mexican Tacos	Roast Lamb	Spaghetti Bolognese	Breaded Chicken
Vegetarian Sausages	Vegetarian Tacos	Vegetable Pie	Vegetable Ratatouille	Breaded Vegetable Sticks
Sides Mashed Potatoes Green Beans Vegetables of the day Gravy	Sides Rice Tortillas Sweetcorn Vegetables of the day	Sides Roast Potatoes Curly Kale Carrots Vegetables of the day	Sides Leeks Vegetables of the day	Sides Homemade Potato Wedges Garden Peas Vegetables of the day
Homemade Granola Natural Yoghurt	Homemade Chocolate Brownie	Fruit Bowls	Fruit Bowls	Homemade Pancakes with Honey

- DAILY -

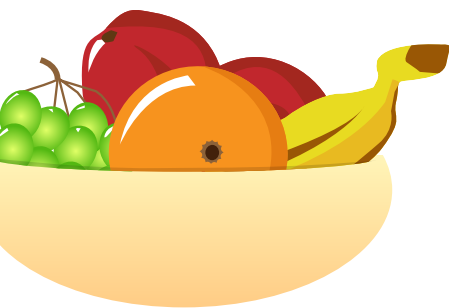
Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese, bread and eggs

Natural Yoghurt

Fresh Fruit





MENU

- WEEK TWO -

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Bake Prawns	BBQ Chicken	Linguine Bolognese	Roast Chicken	Homemade Pepper & Olive Pizza
Tomato Pasta Bake	Aubergine parmigiana	Linguine with a mushroom and cream sauce	Lentil Stew	Homemade Margherita Pizza
Sides Creamy Vegetables Garden Peas Vegetables of the day	Sides Rice Broccoli Vegetables of the day	Sides Mange Tout Vegetables of the day	Sides Roast Potatoes Cavalo Nero Vegetables of the day	Sides Green Beans Vegetables of the day
Homemade Granola Natural Yoghurt	Homemade Lemon Drizzle Cake	Fruit Bowls	Melon and Pineapple Bowls	Banoffee Pie

- DAILY -

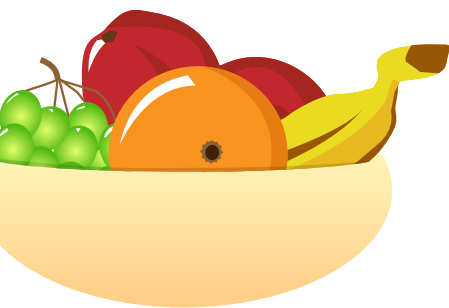
Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese, bread and eggs

Natural Yoghurt

Fresh Fruit





MENU

- WEEK THREE -

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Chicken Curry	Lasagne	Baked Chicken with Tomato Sauce and Penne Pasta	Beef Burger
Macaroni with Tomato and Basil Sauce	Vegetable Curry	Vegetable Lasagne	Grilled Vegetables Penne Pasta	Vegetable Burger
Sides Sweetcorn Green Beans Vegetables of the day	Sides Carrots Broccoli Vegetables of the day	Sides Carrots Garlic Bread Vegetables of the day	Sides Vegetables of the day	Sides Homemade Chunky Chips Broccoli Vegetables of the day
Homemade Granola Natural Yoghurt	Homemade Honey & Cinnamon Cake	Fruit Bowls	Fruit Bowl	Apple Crumble with Custard



- DAILY -

Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese, bread and eggs

Natural Yoghurt

Fresh Fruit



SNACK MENU

Apple and Pear Slices

Cucumber Sticks

Rice Cakes

Carrot Sticks

Oranges

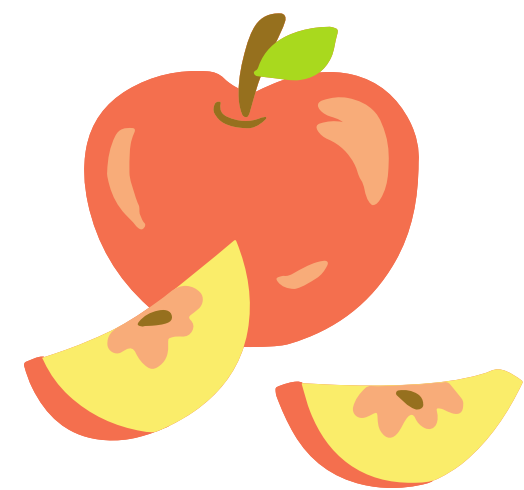
Dried Fruit

Homemade Flapjack

Croissants

Pepper slices

Grapes



BREAKFAST

MENU

Cereals

Shreddies

Cheerios

Weetabix

Natural Yoghurt

Granola

Fruit bowl

Waffles

Toast - Jam & Butter

Hot Breakfast - every Friday

Sausage and Toast

Eggs on Toast

Bacon and Toast

