

MENU

- WEEK ONE -

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Baked Beans Cheese Tuna	Beef Goulash	Roast Turkey	Spaghetti Bolognese	Oven Baked Cod
Vegetarian Hot Dogs	Vegetable Stew	Vegetable Pie	Vegetable Ratatouille	Vegetable Stacks
Sides Green Beans Vegetables of the day	Sides Rice Broccoli Vegetables of the day	Sides Roast Potatoes Curly Kale Carrots Vegetables of the day	Sides Leeks Vegetables of the day	Sides Homemade Potato Wedges Garden Peas Vegetables of the day
Homemade Chocolate Brownie	Fruit Bowls Natural Yoghurt	Pancakes & Honey	Fruit Bowls Natural Yoghurt	Fruit Bowls Natural Yoghurt

- DAILY -

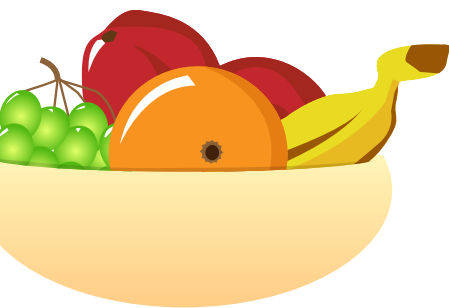
Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

Natural Yoghurt

Fresh Fruit





MENU

- WEEK TWO -

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato Pasta Bake Prawns	BBQ Chicken	Linguine Bolognese	Breaded Chicken	Homemade Pepper & Olive Pizza
Tomato Pasta Bake	Aubergine parmigiana	Linguine with a mushroom and cream sauce	Vegetable Stir Fry	Homemade Margherita Pizza
Sides Creamy Vegetables Garden Peas Vegetables of the day	Sides Rice Broccoli Vegetables of the day	Sides Mange Tout Vegetables of the day	Sides Potato Wedges Vegetables of the day	Sides Green Beans Vegetables of the day
Pear Cake	Homemade Granola Natural Yoghurt	Banoffee Pie	Fruit Bowls Natural Yoghurt	Fruit Bowls Natural Yoghurt

- DAILY -

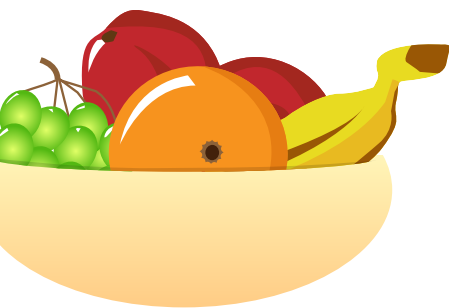
Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

Natural Yoghurt

Fresh Fruit





MENU

- WEEK THREE -



Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Chicken Curry	Spaghetti Carbonara	Lasagne	Oven Baked Cod
Macaroni with Tomato and Basil Sauce	Vegetable Curry	Gnocchi, pesto and mixed vegetables	Vegetable Lasagne	Baked Sweet Potato
Sides Sweetcorn Green Beans Vegetables of the day	Sides Rice Green Beans Vegetables of the day	Sides Broccoli Carrots Vegetables of the day	Sides Carrots Garlic Bread Vegetables of the day	Sides Chips Baked Beans Cheese Vegetables of the day
Homemade Honey and Cinnamon Cake	Homemade Granola Natural Yoghurt	Fruit Bowls Natural Yoghurt	Fruit Bowls Natural Yoghurt	Lemon Drizzle Cake

- DAILY -

Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

Natural Yoghurt

Fresh Fruit



SNACK MENU

Apple and Pear Slices

Cucumber Sticks

Rice Cakes

Carrot Sticks

Oranges

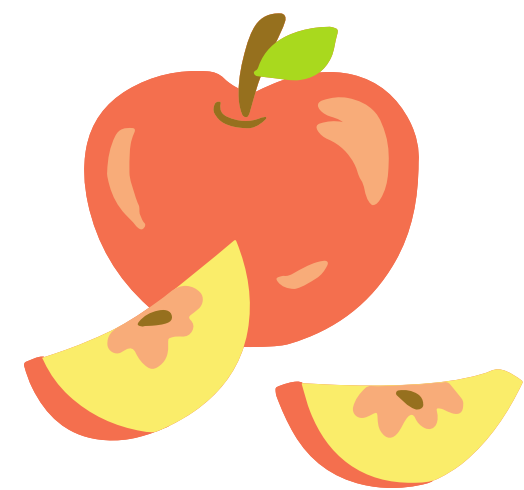
Dried Fruit

Homemade Flapjack

Croissants

Pepper slices

Grapes



BREAKFAST

MENU

Cereals

Shreddies

Cheerios

Weetabix

Natural Yoghurt

Granola

Fruit bowl

Waffles

Toast - Jam & Butter

Hot Breakfast - every Friday

Sausage and Toast

Eggs on Toast

Bacon and Toast

