



MENU

- WEEK ONE -

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| Jacket Potato Baked Beans Cheese Tuna | Lamb Tagine | Roast Chicken | Spaghetti Bolognese | Oven Baked Cod |
| Gnocchi & Pesto | Vegetable Tagine | Lentil Stew | Vegetable Ratatouille | Aubergine & Courgette Stacks |
| Sides Green Beans Vegetables of the day | Sides Couscous Broccoli Vegetables of the day | Sides Roast Potatoes Broccoli Yorkshire Puddings Vegetables of the day | Sides Leaks Vegetables of the day | Sides Chunky Chips Garden Peas Vegetables of the day |
| Granola & Fruit | Apple Crumble & Custard | Fruit Bowls Natural Yoghurt | Chocolate Brownie | Fruit Bowls Natural Yoghurt |

-DAILY-

Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

Natural Yoghurt

Fresh Fruit





MENU

- WEEK TWO -

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| Tomato Pasta Bake Prawns | Jerk Chicken | Linguine Bolognese | Shepherds Pie | Homemade Pepper & Olive Pizza |
| Tomato Pasta Bake | Aubergine parmigiana | Linguine with a mushroom and cream sauce | Vegetable Pie | Homemade Margherita Pizza |
| Sides Creamy Vegetables Garden Peas Vegetables of the day | Sides Rice Broccoli Vegetables of the day | Sides Mange Tout Vegetables of the day | Sides Green Beans & Carrots Vegetables of the day | Sides Green Beans Vegetables of the day |
| Fruit Bowls Natural Yoghurt | Sticky Toffee Pudding | Fruit Bowls Natural Yoghurt | Banoffee Pie | Fruit Bowls Natural Yoghurt |

- DAILY -

Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

Natural Yoghurt

Fresh Fruit





MENU

- WEEK THREE -

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| Macaroni Cheese | Chicken Tikka Masala | Lasagne | Chicken Fajitas | Oven Baked Cod |
| Macaroni with Tomato and Basil Sauce  | Vegetable Curry | Vegetable Lasagne | Vegetable Fajitas | Baked Sweet Potato |
| Sides Sweetcorn Green Beans Vegetables of the day | Sides Rice Green Beans Vegetables of the day | Sides Carrots Garlic Bread Vegetables of the day | Sides Potato Wedges Tortillas Vegetables of the day | Sides Chips Baked Beans Cheese Vegetables of the day |
| Homemade Granola Natural Yoghurt | Lemon Drizzle Cake | Fruit Bowls Natural Yoghurt | Fruity Flapjack | Fruit Bowls Natural Yoghurt |

- DAILY -

Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

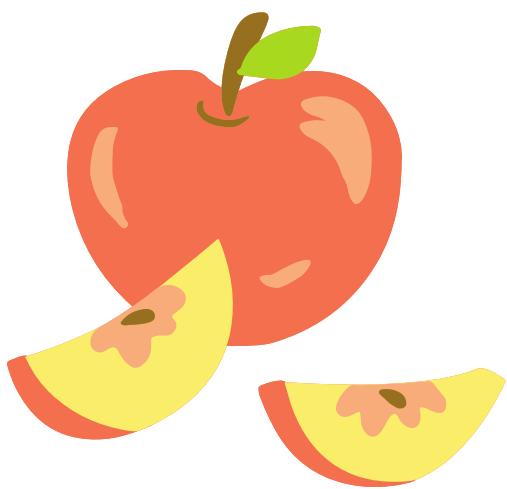
Natural Yoghurt

Fresh Fruit



SNACK MENU

Apple and Pear Slices
Cucumber Sticks
Rice Cakes
Carrot Sticks
Oranges
Dried Fruit
Homemade Flapjack
Croissants
Pepper slices
Grapes



BREAKFAST MENU

Cereals

Shreddies
Cheerios
Weetabix

Natural Yoghurt

Granola
Fruit bowl
Waffles

Toast - Jam & Butter

Hot Breakfast - every Friday

Sausage and Toast
Eggs on Toast
Bacon and Toast

