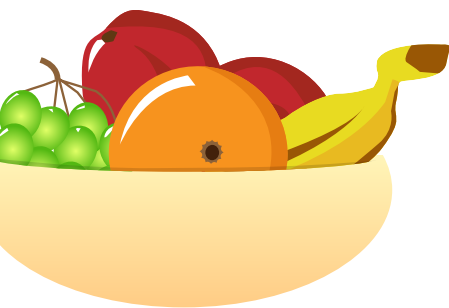




MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato Baked Beans Cheese Tuna	Beef Goulash	Brwaded Chicken	Spaghetti Bolognese	Oven Baked Cod
Tomato and Basil Pasta	Vegetable stew	Breaded Vegetable Stick	Pasta with. Musharoom Sauce	Spinach, Quorn and Pumpkin Pie
Sides Green Beans Vegetables of the day	Sides Rice Broccoli Vegetables of the day	Sides Potato Wedges Green Beans Yorkshire Puddings Vegetables of the day	Sides Broccoli Vegetables of the day	Sides Chunky Chips Baked Beans Vegetables of the day
Granola & Fruit	Pear Cake	Fruit Bowls Natural Yoghurt	Chocolate Chip Cake	Fruit Bowls Natural Yoghurt

-DAILY-

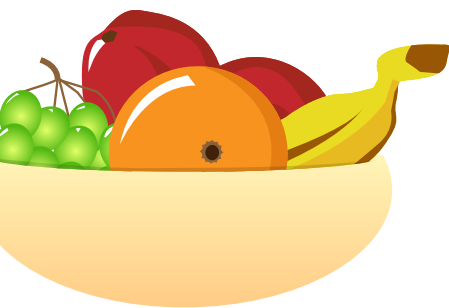
Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

Natural Yoghurt

Fresh Fruit





MENU

- WEEK TWO -

Monday	Tuesday	Wednesday	Thursday	Friday
Penne Pasta with Tomato Sauce Prawns	BBQ Chicken	Fusilli Bolognese	Lasagne	Oven Baked Cod
Ratatouille	Aubergine Parmagiana	Linguine with Roasted Leeks	Vegetable Lasagne	Aubergine, Courgette and Mozarella Stacks
Sides Garden Peas Vegetables of the day	Sides Rice Broccoli Vegetables of the day	Sides Mange Tout Vegetables of the day	Sides Carrots Vegetables of the day	Sides Chunky Chips Peas Vegetables of the day
Fruit Bowls Natural Yoghurt	Orange Drizzle Cake	Fruit Bowls Natural Yoghurt	Chocolate Brownie	Fruit Bowls Natural Yoghurt

- DAILY -

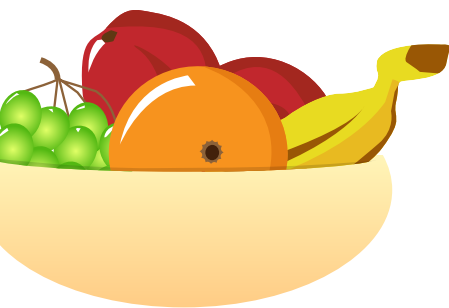
Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

Natural Yoghurt

Fresh Fruit





MENU

- WEEK THREE -



Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Pepper and Olive Pizza	Roast Turkey	Beef Stroganof	Baked Lemon & Thyme Chicken	Breaded Fish Fingers
Margherita Pizza	Gnocchi with Roasted Vegetables	Vegetable Stroganof	Lentil Stew	Spinach, Quorn and Pumpkin Pie
Sides Green Beans Coleslaw Vegetables of the day	Sides Roast Potatoes Yorkshire Puddings Vegetables of the day	Sides Roast Potatoes Rice Vegetables of the day	Sides Penne Pasta Vegetables of the day	Sides Chunky Chips Baked Beans Vegetables of the day
Homemade Granola Natural Yoghurt	Honey & Cinammon Cake	Fruit Bowls Natural Yoghurt	Banoffee Pie	Fruit Bowls Natural Yoghurt

-DAILY-

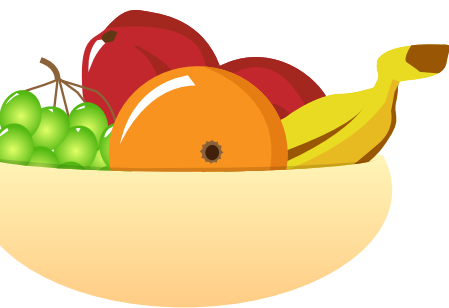
Sandwiches

Salad Bar - sweetcorn, salad, tomatoes, peppers, carrots, cucumber, grated cheese and bread

Natural Yoghurt

Fresh Fruit





MENU

-WRAPAROUND-



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Cheese and Tomato Naan Pizza	Bagles with ham / cheese	Toasted Pitta with chicken mayonnaise or cheese	Pork or Vegetarian Sausages Potato Waffles	Pasta with tomato sauce
Week 2	Homemade breaded chicken Potato wedges	Spaghetti Bolognese / Tomato Sauce	Homemade Pizza	Sandwiches with a selection of fillings	Pasta with tomato sauce
Week 3	Savoury Croissant	Pasta with tomato sauce	Fish Fingers / Vegetable Nuggets	Sandwiches with a selection of fillings	Chicken Kiev Potato Wedges

-DAILY-

SWEETCORN, SALAD, TOMATOES, PEPPERS, CARROTS, CUCUMBER, GRATED CHEESE AND BREAD



SNACK MENU

Apple and Pear Slices

Cucumber Sticks

Rice Cakes

Carrot Sticks

Oranges

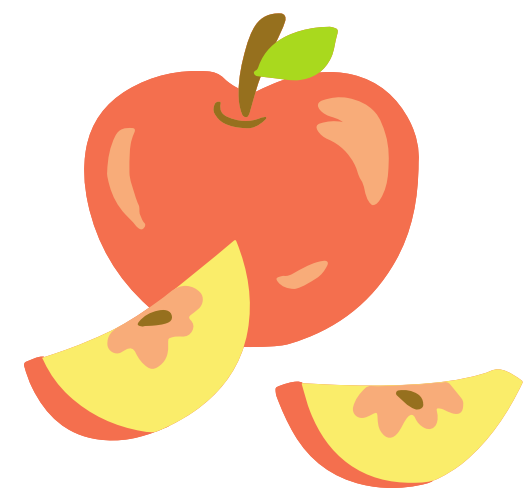
Dried Fruit

Homemade Flapjack

Croissants

Pepper slices

Grapes



BREAKFAST

MENU

Cereals

Shreddies

Cheerios

Weetabix

Natural Yoghurt

Granola

Fruit bowl

Waffles

Toast - Jam & Butter

Hot Breakfast - every Friday

Sausage and Toast

Eggs on Toast

Bacon and Toast

